

# Wentworth Primary School

## PSHE Policy

(Including Relationship Education  
and Health Education)

**Date of Policy:**

**September 2016**

**Reviewed: September 2018**

**Reviewed: June 2021**

**Ratified by Governors: June 2021**

**Date of next review: Summer 2023**

*Achieving Happily*



## PSHE Policy (Including Relationship Education and Health Education)

### Aims

At Wentworth Primary School, our personal, social and health education (PSHE) curriculum supports children in their development and underpins learning in the classroom and throughout the school helping our children to develop their resilience, courage and curiosity. PSHE lessons are planned elements of the whole school curriculum which aim to give our children the knowledge, skills and understanding they need to lead safe, confident, healthy, independent lives and to become informed, active responsible citizens in a rapidly changing and complex world. We aim to give our children the building blocks needed to enable them to make informed decisions about their wellbeing, health and to develop healthy, respectful relationships, focusing on family and friendships, in all contexts, including online.

### Statutory requirements

PSHE education is a non-statutory subject, however section 2.5 of the [National Curriculum framework](#) document states that:

*‘All schools should make provision for PSHE, drawing on good practice.’*

Along with the National Curriculum framework, the Department for Education has also published [guidance on PSHE education](#), which states that the subject is ‘an important and necessary part of all pupils’ education’ and that:

*‘Schools should seek to use PSHE education to build, where appropriate, on the statutory content already outlined in the national curriculum, the basic school curriculum and in statutory guidance on: drug education, financial education, sex and relationship education (SRE) and the importance of physical activity and diet for a healthy lifestyle.’*

We must teach relationships education under the [Children and Social Work Act 2017](#), in line with the terms set out in [statutory guidance](#) from the Department for Education (June 2019) We must also teach health education under the same DFE statutory guidance.

### Policy Development

This Policy has been developed in consultation with SLT, staff, parents and governors. It is up to date with current guidance from the Government and the Department for Education.

### What do we teach?

As stated above, we are required to cover the content for Relationships Education, and Health Education, as set out in the statutory guidance (linked to above). At Wentworth Primary school, both Relationship Education and Health Education are firmly rooted within our PSHE curriculum although elements are also taught through other subject areas such as Science, ICT, RE and PE.

For more details about what is taught during PSHE lessons (Including Relationship education and Health Education), please see the attached curriculum map. Most teaching of PSHE will be delivered by the class teachers as she/he will have established a working relationship with the class.

PSHE cannot always be confined to timetables lesson. At Wentworth Primary school, PSHE is delivered within a whole school approach which includes:

- Discrete timetabled lessons
- Teaching PSHE through other subjects/ curriculum areas
- Through PSHE activities and whole school events
- Through whole school and Key Stage assemblies
- Through pastoral care and guidance.

#### Relationship Education

As previously mentioned, as a Primary school we are required to teach Relationship Education as set out in the [statutory guidance 2020](#) from the Department for Education. At Wentworth Primary School, relationship education focuses on teaching the fundamental building blocks and characteristics of positive and safe relationships including family, friends and online. We teach children what a relationship is, what friendship is, what family means and who can support them. We encourage children to treat each other with kindness, consideration and respect.

#### Health Education

Health Education is also a statutory requirement as set by the Department for Education. In health education we aim to provide children the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others and to seek support if any issue arises. This includes, mental wellbeing, internet safety, physical health and fitness, healthy eating, facts and risk associated with drugs, alcohol and tobacco, basic first aid and puberty. As Health Education is a statutory requirement, parents do not have the right to withdraw their children from these lessons.

#### Parent's right to withdraw their child.

At Wentworth Primary school, we ensure that our curriculum meets all the statutory requirements set out by the DfE including Puberty. Parent do **not** have the right to withdraw their child from these lessons. We will ensure parents are aware of the curriculum content

and invite to review lessons on Puberty prior to teaching. (See the [Primary schools guide for parents](#) for more information).

#### Managing difficult Questions

Primary aged children often ask their teachers or other adults difficult questions which can go beyond what is taught in our PSHE curriculum. Our curriculum is a graduated, age appropriate programme. Children of the same age may be developmentally at different stages leading to different types of questions. Staff will only cover/ discuss content covered in our curriculum for particular age groups in whole class lessons and activities as outlined in the curriculum map. Staff will be happy to talk to children 1-1 and discuss topics further and answer questions linked to our curriculum. If however staff feel a question goes further, staff will liaise with parents and carers.

#### Assessment

Assessment will be carried out in line with the schools Assessment Policy. Teachers will assess children on an informal basis and use their judgements to plan future lessons.

#### Equal opportunities (Equality Duty)

The school's equal opportunities policy applies to PSHE. Where appropriate, teaching materials and individual group activities reflect the cultural and ethnic diversity of British Society. We try to avoid stereotyping, in terms of race and gender; progress is monitored to ensure no child is disadvantaged. Pupil's religious beliefs are always respected.

#### Differentiation and Special Educational Needs

Children develop differently; they differ in levels of maturity, life experiences and have quite different attitudes and feelings. Lessons are planned to allow the perspectives to be articulated, with all contributions being valued and respected. The teacher needs to ensure that teaching points are conveyed in language that is accessible to the children. All activities should be broad and balanced and provide for pupils' different learning styles.

#### Do we see a role for parents and other adults?

At Wentworth Primary School we are very keen to expose children to the wider world, by inviting visitors onto the school, and taking children on interesting and exciting visits. Currently our visits and visitors include;

- Representatives from Christchurch delivering assemblies to the whole school.
- Road safety talk for KS 1 and 2.
- Drug prevention officer/ police visits.
- Theatre groups covering a range of subjects (Anti-Bullying etc)
- Talks and activities by outside speakers on different subjects.
- Parents invited into schools to watch a variety of performances given by the children throughout the year.
- Parents helping in the classroom.
- Various sports tournaments with children from various schools participating.
- Sports week where representatives from different sports venues give demonstrations and activities for the children to then participate in.
- Various educational school trips, including field activity centres and museums.
- Visits to Christchurch.

### Links to other policies

(See, Health and Safety policy, Drugs Education Policy, RE Policy, Online Safety Policy and the Safeguarding Policy)

- We encourage children to choose healthy snacks a playtime and have play leaders to encourage physically active games at playtime.
- Safety education is the responsibility of all staff in the school and is covered both through the formal and informal curriculum. Several issues impact on the safety of children including non-accidental injury and safeguarding issues, bullying and harassment, drug misuse and sex and relationship issues. One of the aims of PSHE is to enable children to apply personal and social skills to a range of contexts in their lives. Skills in risk assessment learning to prevent accidents are fundamental.
- All staff are trained and are aware of the safeguarding policy. PSHE activities are planned to teach the children to how to protect and keep themselves and others safe.